



## Yoga center regulation

This regulation was developed to ensure the maintenance and orderly operation of the center, for the benefit of all trainees. Participation in classes or sessions entails compliance with this regulation.

### Economic policy

- The subscription is valid by date, until the corresponding date of the following month. Renewal should take place on the same day of the following month, or the first day after that date when the student comes to practice.
- *Subscription renewal example:* If a trainee enrolls on March 5<sup>th</sup>, subscription renewal must take place on April 5<sup>th</sup>, or the first time after that date when they arrive for class. The renewed subscription will be valid until May 5<sup>th</sup>, and so on.
- Bank holidays are included in a month's subscription fee.
- If, for some reason pertaining to the teacher, the center closes for some days (except bank holidays), all active subscriptions get extended for the respective number of days.
- The subscription's expiration date shall not change for any other reason.
- If the subscription expires and the trainees do not show up for a week's time (7 days), then the first day they attend a class counts as the subscription's starting date. Payment of the previous subscription must be made before a new one begins.
- The 3-month subscription is also valid accordingly, until the corresponding date of the fourth month. It cannot be transferred or extended for any reason.
- The cost of the first drop-in class is subtracted from your subscription if you enroll.
- There is no membership fee. New attendants at every level are accepted throughout the year.

### Behavioral rules

- Switch cell phones to silent mode. If, for any reason, they must stay on, they should be left outside the training hall, in the anteroom.

- Do not use strong perfumes.
- Prefer comfy clothes made of cotton.
- Arrive 10 minutes before class start time.
- Do not chew gum or eat candy from the moment you enter the studio until the end of the class.
- Make sure that three hours have passed since your last meal and one hour since your last snack, before you come to class.
- Always inform your teacher about injuries or sickness, as well as a possible pregnancy, during the course of your practice.

### **Private yoga sessions rules**

- Private sessions take place on a predetermined date and time.
- Sessions can be cancelled up to 24 hours prior to their predetermined date and time. For any cancellation thereafter, the session is charged.
- Private yoga sessions are prepaid every 4 weeks, meaning every 4, 8 or 12 sessions depending on the number of sessions booked.
- If a prepaid session is cancelled for any reason, a make-up class will take place as soon as possible.
- The prepaid session is only lost if no make-up class takes place within 3 months after the originally designated date.